

Modern Pentathlon

Riding Competency Certification MPA Senior (1.1m)

On _____ (date) I _____ (assessors name – Current EA

Qualified coach, minimum Level 2) certify that _____ (athlete's

name) is able to (please tick if competent) :

- Lead a horse in-hand, walking, trotting and turning.
- Tack up a pony/horse with saddle and snaffle bridle.
- Check tack before mounting for soundness.
- Mount and dismount correctly.
- Hold the reins & whip correctly.
- Alter stirrups when mounted.
- Tighten and loosen girth when mounted.
- Demonstrate correct position at walk, trot and canter.
- Use seat, legs and hands as aids to increase and decrease pace.
- Demonstrate progressive transitions from walk to trot to canter.
- Demonstrate a figure of eight at walk and trot across the diagonal.
- Perform a figure of eight in canter showing a simple change of leg.
- Demonstrate correct aids for canter on a named leg on a circle.
- Work independently in the open.
- Salute the judge & understand the rules & penalties of the collecting ring & competition arena.
- Walk a course correctly, understanding the importance of riding a correct line to each obstacle.
- Control the pony/horse, both in the approach to and get away from an obstacle.
- Demonstrate competence when riding over a show jumping course of between 10 and 12 obstacles, including a double to a height of 1.10m on at least 2 unknown horses of different types and temperaments.

Please also ensure you video the rides over the course, and submit this video to MPA (secretary@modernpentathlon.org.au) .



Assessor's Name in full:	
Assessor's Signature:	
Date:	
Assessor's Email:	
Assessor's Phone:	
Assessor's Qualifications: (minimum Level 2 Equestrian Australia Coach)	
Assessor's Address:	

