



## MPA AUGUST 2021 Off Season Running Time Trial

Date of Test	First Name	Last Name	Year of Birth	Type of Trial done	Time taken to complete running time trial (mm:sec)
28/08/2021	Matilda	Mason	2008	1500m running trial (anyone under 17 years)	5:29
29/08/2021	Zoe	Addinsall	2007	1500m running trial (anyone under 17 years)	5:39
28/08/2021	Chloe	A'Herne	2007	1500m running trial (anyone under 17 years)	6:04
28/08/2021	Jimmy	Dyer	2011	1500m running trial (anyone under 17 years)	6:23
29/08/2021	Alyssa	Greening	2006	1500m running trial (anyone under 17 years)	6:28
29/08/2021	Xanthe	Wade	2009	1500m running trial (anyone under 17 years)	6:49
29/08/2021	Riley	Liepa	2007	1500m running trial (anyone under 17 years)	7:03
29/08/2021	Ava	Harrington	2011	1500m running trial (anyone under 17 years)	7:25
29/08/2021	Skye	Orchard	2011	1500m running trial (anyone under 17 years)	7:45
29/08/2021	Grace	Liepa	2009	1500m running trial (anyone under 17 years)	8:05
27/08/2021	Amos	Vagg	2003	3km running trial (anyone over 17 years)	10:47
21/08/2021	Cohen	Wade	2003	3km running trial (anyone over 17 years)	10:51
21/08/2021	Timothy	Oliver	1995	3km running trial (anyone over 17 years)	10:51
29/08/2021	Lachlan	Nicholls	2004	3km running trial (anyone over 17 years)	11:50
22/08/2021	Holly	DeGaris	2002	3km running trial (anyone over 17 years)	12:23
27/08/2021	Hannah	Crowther	1987	3km running trial (anyone over 17 years)	12:28
29/08/2021	Tully	Watt	2001	3km running trial (anyone over 17 years)	13:04
19/08/2021	Nikita	Mawhirt	2000	3km running trial (anyone over 17 years)	13:05
21/08/2021	Bianca	Share	1984	3km running trial (anyone over 17 years)	14:05

Medical expemtions Sophia Myszka  
 Kayla Bongers  
 Genevieve Janse van Rensburg