

MPA Domestic Time Trial NOV - DEC 2020

Name	UIPM Age Group	100m or 200m Swim	% out of 100 shots	Laser Run Time	Distance	Shooting Times	Comment
WOMEN							
Tully Watt	Junior	2:29	92	13:15	4X800	20 - 18 - 15 - 19	
Aleska Van Heekeren	Junior	2:40	71	14:34	4X800	27 - 14 - 50 - 26	3km X-Country 12:32
Gaia Urbano	Junior	3:15	62	16:35	4X800	25 - 12 - 18 - 27	3km X-Country 14:12
Sophia Myszka	Junior	3:05					
Zara Temesi	17	2:50	89	9:42	3X800	12, 8, 9	2km X-Country 7:57
Genevieve Van Rensburg	17	2:24	97				3km - 11:56
Kayla Bongers	17	2:51					4km Run - 17:38
Zoe Addinsall	13		88	5:43	3X400	30, 24, 35	
Matilda Mason	13		90	5:45	3X400	15, 18, 21	
Indigo Harris	13	1:41		5:52	3X400	16, 20, 15	
Georgia Cleary	13	1:59	46				1km Run - 3:55
Zara Harris	11	0:49		3:50	2X400	18, 19	
MEN'S RESULTS							
Ed Fernon	Senior		97	11:22	4X800	12, 13, 10, 13	
Lachlan Nichols	17		86	12:14	4X800	12, 12, 24, 26	6:22 - 2km Run
Tom Langdon McMillian	17		81	5:09	3X400		
Max Clarke	15			6:49	2X800	33, 11	
Murray Clare	15	1:08	95				1km X-Country 3:57
Ted Kleinschafer	13			6:49	2X800	29, 12	
Will Kleinschafer	13			5:25	3X400	17, 18, 15	
Finn Clarke	11			5:39	3X400	22, 15, 43	
Henry	9			4:35	2X400	15, 40	
Adam Temesi	Masters	2:28					3km X-Country 12:42
*Rhys Lanskey			64				

* Modified training arrangements - PPD discussed and approved

