

		MEN							
		Senior	Junior	U19	U17	U15 (200/100m)	Tetrathlon Points	MP Points	Ride Licence
Swim	Podium	1:58	2:00	2:01	2:10	2:20			120cm
	Podium Ready (top 50%)	2:06	2:08	2:09	2:15	2:27			120cm
	Developing / Podium Potential (Final)	2:15	2:20	2:23	2:25	2:34			120cm
	Emerging / Developing (+3%)	2:19	2:24	2:27	2:29	2:38			110cm
	Pre Elite (+5%)	2:21	2:27	2:30	2:32	2:41			100cm
	Prospective Elite (+7%)	2:24	2:29	2:33	2:35	2:44			
	Foundation (+9-10%)	2:27	2:32	2:35	2:39	2:47			
Laser Run		Senior	Junior	U19	U17 (3X800m)	U15 (3X800m)	Tetrathlon Points	MP Points	Ride Licence
	Podium	10:50	11:00	11:05	8:33	9:50			120cm
	Podium Ready (top 50%)	11:52	11:30	11:40	8:50	10:10			120cm
	Developing / Podium Potential (Final)	12:30	12:32	12:35	9:35	10:30			120cm
	Emerging / Developing (+3%)	12:52	12:54	12:57	9:52	10:48			110cm
	Pre Elite (+5%)	13:07	13:09	13:12	10:03	11:01			100cm
	Prospective Elite (+7%)	13:22	13:24	13:27	10:15	11:14			
Foundation (+9-10%)	13:45	13:45	13:50	10:30	11:30				

		WOMEN							
		Senior	Junior	U19	U17	U15 (200/100m)	Tetrathlon Points	MP Points	Ride Licence
Swim	Podium	2:10	2:13	2:15	2:18	2:30			120cm
	Podium Ready (top 50%)	2:17	2:24	2:25	2:30	2:40			120cm
	Developing / Podium Potential (Final)	2:25	2:30	2:35	2:40	2:50			120cm
	Emerging / Developing (+3%)	2:29	2:34	2:39	2:44	2:55			110cm
	Pre Elite (+5%)	2:32	2:37	2:42	2:48	2:58			100cm
	Prospective Elite (+7%)	2:35	2:40	2:45	2:51	3:01			
	Foundation (+9-10%)	2:38	2:43	2:50	2:56	3:07			
		Senior	Junior	U19	U17 (3X800m)	U15 (3X800m)	Tetrathlon Points	MP Points	Ride Licence
Laser Run	Podium	12:15	12:42	12:43	9:26	10:49			120cm
	Podium Ready (top 50%)	13:20	13:25	13:30	9:58	11:10			120cm
	Developing / Podium Potential (Final)	14:00	14:15	14:36	11:05	11:30			120cm
	Emerging / Developing (+3%)	14:25	14:40	15:02	11:24	11:50			110cm
	Pre Elite (+5%)	14:42	14:57	15:19	11:38	12:04			100cm
	Prospective Elite (+7%)	14:57	15:14	15:37	11:51	12:18			
	Foundation (+9-10%)	15:15	15:40	15:54	12:11	12:39			